

Buckwheat

Preparation

Choose the amount of water and cereal powder according to the dosage table and depending on your baby's age and appetite.



Boil fresh drinking water and leave it to cool down to about 50 °C.



Put the recommended amount of powder (according to dosage table) into a dish.



Measure boiled water (according to dosage table), add to the powder and stir.



Let it swell until it reaches the required consistency. Check the temperature.

The special HiPP ingredients

whey product, 34 % buckwheat flour, 13 % skimmed **milk powder**, vegetable oils (sunflower oil, rapeseed oil, coconut oil), galacto-oligosaccharides from **lactose**, calcium carbonate, vitamin C, ferric diphosphate, vitamin E, vitamin B₁, vitamin A, potassium iodate, vitamin D.

Important information

- For the sake of your baby's health it is important to carefully follow the instructions for preparation and the quantities indicated.
- Always feed your baby the milk cereal with a spoon. Prepare fresh milk cereal for each meal.
- Close the opened sachet tightly after each use, store in a dry and hygienic place at room temperature and use contents within 3-4 weeks.
- Please do not warm up the milk cereal in the microwave oven (danger of scalding!).
- Ensure regular dental care from your baby's first tooth onwards.

Please pay attention to your baby's balanced diet and healthy way of living.

The proper dosage

Each baby is different, so daily milk cereal portions may differ greatly. Our dosage table shall help you prepare different amounts of milk cereal correctly.

	Powder (g)	Water (ml)	Portion (g)
from 4 months	40 (3-4 tablespoons)	120	160
from the 6 th month	45 (approx. 4 tablespoons)	135	180
from the 8 th month	50 (4-5 tablespoons)	150	200

Composition

	per ready to eat portion 160 g (daily requirement*)	per 100 g powder (daily requirement*)
energy kJ	716	1,790
kcal	170	425
fat (of which)	4.6 g	11.5 g
- saturates	1.1 g	2.7 g
carbohydrate (of which)	26.4 g	65.9 g
- sugars ¹	15.8 g	39.5 g
fibre	1.2 g	2.9 g
protein	5.2 g	13.0 g
salt ²	0.20 g	0.48 g
sodium	0.08 g	0.19 g
calcium	156 mg (39 %)	390 mg (98 %)
iron	1.7 mg (29 %)	4.3 mg (72 %)
iodine	20.0 µg (29 %)	50.0 µg (71 %)
vitamin A	150 µg (38 %)	375 µg (94 %)
vitamin D	2.4 µg (24 %)	6.0 µg (60 %)
vitamin E	1.3 mg	3.2 mg
vitamin C	18 mg (72 %)	45 mg (180 %)
vitamin B ₁	0.25 mg (50 %)	0.63 mg (126 %)
further nutritional values		
linolenic acid (omega-3-FA)	0.08 g	0.21 g
galacto-oligosaccharides	0.6 g	1.6 g

¹sugars occur naturally in the dairy and fruit ingredients
²calculated from the natural amount of ingredients
*% of the Nutrient Reference Value (NRV)

For your baby's safe and balanced nutrition

- ✓ **no added sugars***
- ✓ **no juice concentrates**
- ✓ **with calcium**** for the bones
- ✓ **with iron** for blood formation and cognitive development
- ✓ **with iodine** for thyroid function
- ✓ **with vitamin A** & D**** for the immune system
- ✓ **rich in vitamin C** for iron absorption
- ✓ **rich in vitamin B₁**** for energy-yielding metabolism
- ✓ **PRAEBIOTIK®**
- ✓ **valuable, easily digestible cereal (gluten-free)**

What we leave out

- ✗ added sugars*
- ✗ juice concentrates
- ✗ synthetic flavouring
- ✗ colouring agents**
- ✗ added preservatives**

*sugars occur naturally in the dairy and fruit ingredients
**as required by law

If you have any questions concerning your baby's diet

Exporter:
HiPP Austria GmbH
Theresienthalstraße 68
4810 Gmunden, Austria
Producer:
HiPP Croatia d.o.o.
Kralja Zvonimira 1
44400 Glina, Croatia

e 250g

Buckwheat

Please open here

Production date:
Best before:

18_0951EM
FS2 02/20

FROM **4** MONTHS

HiPP

MILK & CEREAL

NEW RECIPE

Buckwheat

PRAEBIOTIK®

no added sugars

JUST ADD WATER

gluten-free

Use

This milk cereal is an ideal meal for babies receiving weaning food. It is suitable from 4 months to complement breastfeeding or to complement bottle-fed infant formula.

From idea to conviction

Years of experience and scientific progress serve to guarantee the very high quality of HiPP milk cereals. Our nutritional experts constantly face the challenge of keeping the milk cereals from HiPP up to the latest technical standard. And all of this we do gladly for the natural and healthy development of your baby.

- Extensive raw material checks.
- Constant monitoring during production.
- Stringent control of toxic substances.
- Without any genetically modified ingredients.



From a carbon-neutral HiPP production facility. Using renewable energies and supporting global climate protection projects.



Cardboard from waste paper



Cardboard & film bag separately disposable



Mineral oil-free, vegetable oil-based printing inks

Filling height due to technical reasons. Packed in a protective atmosphere.

Best before: see top of package.

Milk Pap Buckwheat

AL2917-03

e 250g

AL2917-03



HiPP's freshness guarantee:

The foil sachet guarantees optimal freshness and aroma protection. This product left our factory in perfect condition – please make sure the sachet is undamaged before using. Foil sachet and box must be recycled separately. Store in a dry place at room temperature. Use up the opened sachet within 3-4 weeks.

If properly stored, the originally sealed bag is best before: see top of package.