# **100% Rice**

### Our special HiPP ingredients

Rice flour\* 100 %, vitamin B,

\*from organic production.

#### Different ways to prepare HiPP Baby Cereal

#### Preparation using formula



Boil fresh drinking water and allow it to cool down to about 50 °C\*. Prepare approximately 200 ml of the HiPP formula you are currently using (as if you were preparing a feeding bottle).



Put 3-4 tablespoons (20 g) of HiPP Baby Cereal into a bowl



Add the prepared formula



Leave to stand to thicken until it reaches the desired consistency. Check temperature

Boil 100 ml of water and allow it to cool down to approximately 50 °C\*. Put 2-3 heaped tablespoons (12 g) of HiPP Baby Cereal into a bowl, add the water and stir. Add 100 g of HiPP Fruits (e.g. Williams Pear) and one teaspoon of rapeseed oil and stir. Leave to stand to thicken until it reaches the desired consistency. Check temperature.

Preparation as a dairy-free cereal with fruit

#### Preparation using milk & water

Pour 100 ml whole milk and 100 ml of water<sup>1</sup> into a pot and bring to the boil. Allow it to cool down to approximately 50 °C\*. Put 3-4 tablespoons (20 g) of HiPP Baby Cereal into a bowl. Add the cooled liquid and stir. Leave to stand to thicken until it reaches the desired consistency. Check temperature.

- \*For perfect solubility: do not use too hot water for
- <sup>1</sup>Adding water is necessary to reduce the protein content of cow's milk to a level suitable for children!

### **Nutritional information**

	per 100 g	per portion*
energy	1,608 kJ	590 kJ
	379 kcal	140 kcal
fat (of which)	0.7 g	3.7 g
- saturates	0.1 g	2.2 g
carbohydrate (of which)	85.1 g	21.7 g
- sugars <sup>1</sup>	0.3 g	4.8 g
fibre	1.4 g	0.3 g
protein	7.3 g	4.8 g
salt <sup>2</sup>	< 0.05 g	0.13 g
sodium	< 0.02 g	0.05 g
vitamin B <sub>1</sub>	1.3 mg (260%**)	0.30 mg (60%*

sugars occur naturally in the ingredients

Pcalculated from the natural salt content of the ingredients used

\*20 g powder + 100 ml water + 100 ml whole milk (3.5% fat)

### Important information

- It is important for your baby's health that you follow the instructions carefully and adhere to the indicated quantities when preparing their cereal.
- · Always feed the cereal from a spoon and prepare it freshly
- · Close the opened sachet tightly after each use, store in a dry and hygienic place at room temperature and use up within 3-4 weeks
- Please do not warm up the cereal in the microwave (risk
- Please make sure to brush your baby's teeth regularly after they get their first tooth

Ensure a balanced, varied diet and a healthy lifestyle for

# HIPP ORGANIC **BABY CEREALS**

Strictly controlled for your baby's safe and well-balanced diet.

- owith baby-friendly organic rice - cultivated without the use of chemically synthesised pesticides or fast-acting fertilisers\*
- Stricter limit values than required by law
- ocarefully processed gentle on baby's tummy
- Ø no added sugars\*\*
- without milk
- os many ways to use and prepare this product
- \*in accordance with the EC Organic Farming Regulation
- \*\* sugars occur naturally in the

If you want to find out more about our organic cereal, scan:



If you have questions about your baby's diet, please contact:

#### **Exporter:**

Hipp Austria GmbH Theresienthalstraße 68 4810 Gmunden, Austria

#### Producer:

HiPP Croatia do.o. Kralia Zvonimira 1 44400 Glina, Croatia

€ 200 g

Please open here

Production date: Best before:





**100% Rice** 

no added sugars



# **ORGANIC FARMING** IS WHAT'S BEST FOR OUR CLIMATE.

The first climate-positive baby cereal in HiPP's premium quality:



**ORGANIC** 

HR-FKO-07

The HiPP Organic Seal guarantees highest quality and exceeds the EU irements for organic quality. hippbeyondorganic.com



contributes to climate protection collectively we mprove our climate footprint with every cereal. hipp-climatepositive.com

#### Eco-friendly packaging



Cardboard made from recycled paper



Cardboard & foil sachet can be disposed of separately



Vegetable-oil based printing inks -mineral oil-free

Contents may settle during shipping. Packaged in a protective

Best before: see top of pack

Organic Cereal Pap

Vitamin B, as required by lay



Freshness guarantee:

gluten-free • without milk

The foil sachet ensures optimal freshness and aroma protection. This product left our factory in perfect condition - please make sure the packaging is undamaged before consumption. Foil sachet and cardboard box must be recycled separately. Store in a dry place at room temperature and use up within 3-4 weeks.

Best before (if unopened and stored properly): see top of pack





